



# Annual Review Of Hope Disability Centre 2025

# Introduction to Hope Disability Centre

Hope Disability Centre ,Nepal is dedicated to supporting individuals with disabilities.

Our mission is to promote inclusivity and enhance the quality of life for disabled individuals.

This report summarizes our annual achievements, challenges, and future plans.



# Vision and Mission

Our vision is to create a society where individuals with disabilities are empowered and included.

The mission focuses on providing comprehensive care and support services.

We strive to foster a community that values diversity and inclusion.

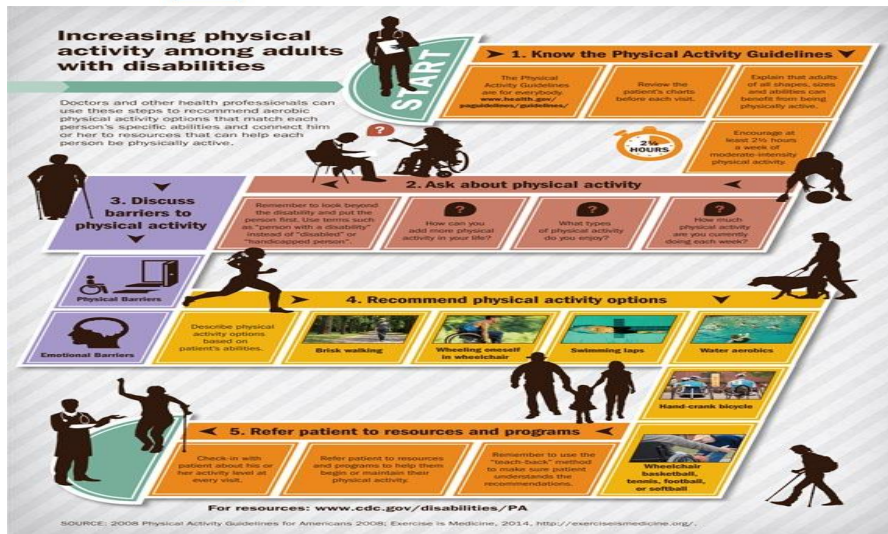


# Key Objectives of the Centre

- The primary goal is to enhance the quality of life for people with disabilities.
- We aim to raise awareness about disability issues within the community.
- We aim to provide rehabilitation services tailored to individual needs.
- Providing vocational training and support services is a key focus of our work.
- Our objective includes raising awareness about disability rights and issues.
- We seek to empower families and communities through education and resources.



1. Easy to access for every individual
2. Provided at the right time
3. Realistic and meaningful to the individual
4. Integrated
5. Innovative and ambitious
6. Delivered by a flexible and skilled workforce



# Overview of Activities

The Centre conducted various programs throughout the year, focusing on rehabilitation and training.

We organized workshops, awareness campaigns, and support groups for families.

Our activities were designed to enhance skills and promote independence.



Achievements in Service Delivery						
S.N	Program Name		Beneficial			Remarks
			Male	Female	Total	
1	Assistive Device Distribution	Wheelchair	6	8	14	ALTSO,USA
		Crutches	9	6	15	
		Walker	2	2	4	
		Cane	3	2	5	
		White Cane	2	3	5	
		Artificial Limbs	6	2	8	Local Government
		Hearing aid	2	2	13	MEND ,NZ
2	Rehabilitations	Disability Friendly Environment	5	2	7	Gord & Erin Hastening to Help , CANADA
		Ohers Various Support	2	1	3	Gulmi Jilla Samaj ,UK
		Educational Support		3	3	Meg & Ria, AUS
		Psychosocial Counselling	14	11	25	
		Clothes Support	8	7	15	Local Government
		Food & Accommodation	3	5	8	
3	Assistive Device Measurement & Distribution Camp.		Assistive device measurement & distribution camps have been conducted at different times in the local bodies of Gulmi district.			
4	Program introduction & Discussion		In order to conduct a target program for disabled people in all the local bodies of Gulmi district, the preamble of the program has been presented and a special discussion has been held.			



# Rehabilitation Programs

Rehabilitation services included physical therapy and counseling.

We provided personalized plans to cater to the unique needs of each individual.

We provided various types of assistive device.

Feedback from participants indicated significant improvements in mobility and confidence.



# Community Awareness Campaigns

We conducted awareness campaigns to educate the community about disability rights.

The campaigns involved engaging local leaders and stakeholders to promote inclusivity.

Feedback showed an increase in community understanding and support for disabled individuals.





# Collaboration with Local Organizations

They collaborate with international institutional support, individual donor ,government agencies, NGOs, local bodies and other stakeholders to advocate for the rights of individuals with disabilities at the national level.

Joint efforts helped expand our reach and resources for better service delivery.

Partnerships enhanced our ability to organize events and programs effectively.



# Success Stories

Numerous success stories emerged from our rehabilitation and training programs.

Individuals reported improved self-esteem and independence after receiving services.

Families expressed gratitude for the positive changes in their loved ones' lives.



Patient lives in a rural area of Isma - 2, Gulmi, with his family. They do household work and agriculture for their livelihood.

Patient the age of 5 he met with RTA (Road Traffic Accident) in which he had to undergo amputation of his left right through ankle.

So we had provided him artificial foot since 10 years. Now he has been studying in Grade 10. He travel about 2 hours from home to school by foot. Before he had faced many problems but after receiving the artificial foot it's been much easier for him to carry out his ADL'S. Now, the parents as well as the patients is very happy and grateful towards the service provided by HDC.

# Challenges Faced

Despite our successes, we faced challenges such as limited funding and resources.

Accessibility issues in the community hindered some outreach efforts.

We also encountered stigmas that affected the participation of individuals.



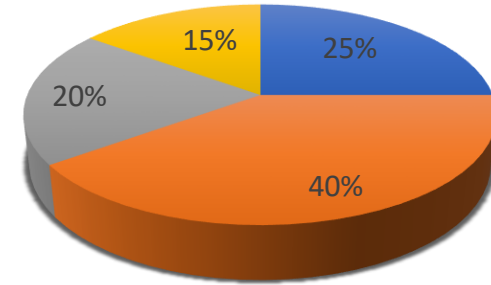
# Financial Overview

The Centre's financial report highlights income sources and expenditures.

Funding was received from donations, grants, and community support.

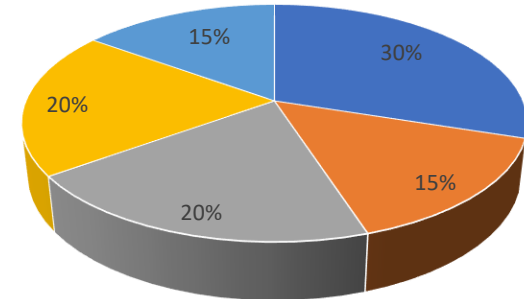
We ensured transparency in financial management and reporting.

## Revenue & Others Income



■ Individuals donor ■ Foundations ■ local government ■ others support

## Various expenditures



■ Salary ■ office expenses ■ Various campaigns ■ Rehabilitation ■ Others

# Feedback and Evaluations

Regular feedback was collected from participants and families to improve services.

Evaluations indicated high satisfaction rates among service users.

Suggestions from participants guided our planning for future programs.



# Future Plans and Goals

Our future plans include expanding rehabilitation services and outreach efforts.

We aim to develop new training programs that align with market demands.

Strengthening community partnerships remains a priority for enhanced support.

## FUTURE GOALS

Future goals refer to the desired outcomes or achievements that individuals or organizations aim to attain in the future.

### OVERVIEW

Future goals represent specific targets that one intends to accomplish over a certain timeframe. Future goals are typically based on personal aspirations, professional ambitions, or organizational objectives, providing a sense of direction and purpose. They often involve a strategic planning process and setting clear and measurable objectives.

# Advocacy and Policy Engagement

The Centre will engage in advocacy efforts for better policies for disabled individuals.

We aim to collaborate with policymakers to address systemic barriers.

Raising awareness about legal rights and protections is a priority.

**ADVOCATING FOR CHANGE** usually starts with getting excited, being annoyed, or feeling worried about something like accessible public transportation to get to work.

Advocates work in favor of a cause and have to stick with it long enough to see success.

Good advocates know they must think very hard about any barriers that may exist.

Several ingredients will make your advocacy more effective including:

- The impact on you and others
- The importance to your quality of life
- Your perception and information about the issue, the challenges, and the solutions



# Community Engagement Strategies

We plan to introduce more community engagement activities to foster inclusivity.

Workshops and seminars will be organized to involve community members actively.

Our goal is to create a supportive environment for individuals with disabilities.



# Monitoring and Evaluation Framework

- A robust monitoring and evaluation framework will be established for all programs.
- This framework will help assess the impact of our initiatives effectively.
- Regular reviews will guide us in making necessary adjustments to services.

## Acknowledgments

- We extend our gratitude to all donors, partners, and volunteers for their support.
- The commitment of our team has been instrumental in our achievements.
- Together, we strive for a more inclusive society for individuals with disabilities.

# Conclusion

Hope Disability Centre ,Nepal remains committed to empowering individuals with disabilities.

We look forward to building on our successes and addressing challenges ahead.

Together, we can create a brighter future for all members of our community.

