

We Got New Life

*I am Mr. Dammar Resmi, the manager of Naram Self-Help Group, who have taken 20,000 NRS on behave of me and other nine disabled people from Hope Disability Centre on the basis of ABILIS loan scheme project to start **pig farming** on 15th Sep 2011.*

We all 10 Disabled people are;

- 1) Mr. Dammar Resmi*
- 2) Mr. Bal Bdr Thapa*
- 3) Mr. Ram Bdr*
- 4) Mrs. Indrakala Gaha*
- 5) Miss. Himkala Gaha*
- 6) Mr. Dil Bdr Thapa*
- 7) Mr. Chandrakala Thapa*
- 8) Miss. Bimala Resmi*
- 9) Miss. Laxmi Basothok*
- 10) Miss. Him Kala Gaha*

We all planned to buy a pregnant pig and so that it will give at least 5-10 baby but we found its not suitable for some disabled since some have leg problem and have to dragged themselves in floor and the pig may bite them.

*Finally we planned to do **Vegetable farming** but we are all discouraged by villager. But we didn't care about the consequences and moved forward helping together and gave a birth to **Naram Self-Help Group**.*

Those who have leg problem moved forward with their helping hands, those who have hands problem move forward with there supportive legs to do this



farming.

Tunnel for Tomatoes.

We planted cabbage, cauliflower, tomato in the tunnel, radish, carrot and various seasonal vegetables.



Making Nursery plants.



Making Leaves Pot for Nursery

Now when we see these growing vegetables and ready for sell, the community were inspired and took us as an example.

We made other disabled people and community people to change their view about the disability. They understood that we can also do better in any field.

*Now each of us generate 3,000-4,000 NRS monthly which can fulfill our **basic needs** but still we need to do a lot for our future savings in emergency, so that's why we are planning to do **Pickle Business** from these fresh vegetables. We are very happy with **ABILIS** and **HDC** giving a boost to alter our life towards light.*

*Thank you so much....**We Naram Self-Help Group.***

ABILIS Business Loans Scheme

Name of the Borrower: **Laxmi Rana**

Date of Birth: **1986**

Address: **VDC Pallikot-3, Gulmi**

Father's Name: **Nun Bdr Pachibhiya**

Qualification: **6th class**

Disability: **Epilepsy and hand burn contracture**

Type of Business: **Goat farming**

Amount of Loan: **15000 rupees**

Period of Repayment: **12 months (Sept 14, 2011 to Sept 14,2012)**



Mrs Laxmi Rana , a village women who is depended on her family in agriculture hardly. Laxmi is one of the disable people from the village who have to eat the medicine of epilepsy regularly. She has her two sons and her own husband but has to very hard to sustain her family and for her medicine. When she came to take disability card at the Women Development Office of Gulmi , Mrs Ganga Rayamajhi met her at that office and started to help for her medicine. One year regular Centre provided the medicines to her at last she has to eat the regular medicines but she has no her own income for her medicines. Then Hope Disability Centre provided the loan for the livestock of Goat for her income generation. Now she is rearing two goats for her future medicines. MIRA and KAMALA has to bear the baby goats in the near soon. So she has to sustain her

regular medicines. She thanks to the ABILIS Project and the Hope Disability Centre.

